

Attachment #5: Suggested Personal Item List for Mission Trips:

1. Passport
2. Airline ticket info
3. 2 or 3 sets of work/casual clothes
4. Closed toed shoes
5. Travel Clothes
6. Sleeping clothes
7. Hat / Sun Glasses
8. Rain jacket or Poncho
9. Set of single bed sheets and pillow case
10. Towel & washcloth
11. Personal Toiletries - (Toothbrush, Toothpaste, Razor, Deodorant, etc.)
12. Soap / Shampoo / Shower Shoes
13. Medications
14. Sunscreen, Hand Sanitizer & Insect Spray
15. Advil / Imodium / Pepto Bismol Tablets if desired
16. Kleenex
17. Bible / Devotional Materials
18. Spending Money
19. Travel Medical Insurance Card

Optional

1. Camera (A simple “point and shoot” camera is most practical)
2. I-pad, etc. (slow wi-fi at place where we stay)
3. NIX (Lice treatment shampoo)
4. Flashlight
5. Toys / Art Supplies/Balloons, etc. to give away to children
6. Snacks - (Crackers, Granola Bars, etc.) if desired

Notes:

- A laundress will be available each day (except Sunday) so you only need 2 or 3 sets of work clothes.
- Remember the restrictions on liquids in carry-on bags.
- There is a grocery store in town, so you can purchase items there.